7:Lynn G-5 (1932-1936) 1937 FE11 Tallensi FE11

is used in preparing tobacco for chewing, and also, by percolation, "coom missom" (Nankani), literally "sour water", which is used in cooking cereal foods. The salts in the ash probably supply important minerals to the diet (), but the process by which they are obtained, robs the soil ch of the manurial value in the residue of the early millet

The leaves of cowp ked by women throughout the growing season and used aking soup. Maize is harvested towards the end of July, followed by "neri". The fruits of neri are buried in the ground for about ten days to rot the pericarp; they are then dug up, washed by women in a stream, and the seeds are dried and stored in pots for future use. Early guinea corn is reaped at the end of August and in September, by which time late millet and the main guinea corn crop are coming into flower. At this season, women and children strip all the leaves and sepals from Hibiscus sabdariffa and, after careful drying, store them in pots for making soup during the dry season. The leaves of Hibiscus cannabinus are similarly treated, and the end of the branches, bearing fruits, are cut off and later the seeds are removed for soup making. The bast fibres of both Hibiscus sabdariffa and Hibiscus cannabinus are drawn after retting in streams for 10 to 12 days: they are made into rope of good quality; this work is generally performed by men. Women also draw the fibres of Hibiscus cannabinus, and scrub them white for making the "tails" they sometimes wear as alternative dress to leaves.

The main harvest season starts during the middle of September with groundnuts, and is carried on through October, and into early November, with guinea corn and late millet. During this period, from a peak in August, the rainfall decreases and the water-table falls; with the onset of the harmattan in November, the whole countryside dries rapidly. The groundnut plants are lifted with a hoe, and carried to the shade of a tree, where the nuts are picked off; the hay is carefully conserved as a dry season fodder. The day previous to reaping the late cereal, cowpeas are collected and carried to the compound; the leaves and stems are also conserved for fodder. The heads of late millet and guinea corn are cut off in the same way as those of early millet, and the stems are trampled to the ground. For about three weeks after harvesting, livestock are given open range in the farms and they feed readily upon the still succulent leaves of guinea corn and, to a less extent, millet. But as soon as the material is dry enough, fire is put through the farm to burn off the trash from the resistant cereal stalks, leaving them slightly charred, and clean: in this way much valuable dry season fodder is destroyed. The stalks are chopped from their